

happy and less frustrated in what only too often is at least temporarily a sad and dreary world. Every four years we are guided carefully through all of the scriptures in the adult curriculum of the Church. In a lifetime, each member can become a spiritual scribe instead of remaining a scriptural simpleton. How blessed we are to have our four books of scripture in editions that include efficient indexes, chapter headings, and other study helps such as the Topical Guide.

Last April I was deeply impressed with the words of Elder J. Thomas Fyans when he reported to the First Quorum of the Seventy the method he and his wife, Helen, use to study the scriptures. Because his stake conference assignments kept them from sitting together in the Gospel Doctrine class, learning from the Book of Mormon this year, they studied the Sunday School manual together at home, carefully marking the scriptures as they went along. They completed their study of the Book of Mormon in just four months and were looking forward to repeating the experience.

Practice what we learn

Third, brothers and sisters, we are to practice what we learn and teach. To overcome scriptural stupor, we must put what we learn into action. The scriptures lived for those who wrote them; we can make them just as real for us today if we will live by their teachings.

Often the self-control exercised by our youth under a full moon results from remembering a scripture learned in a seminary, priesthood, Sunday School, or Young Women's meeting.

Often the discipline or total integrity needed in a business interview or sales situation comes from a principle learned through personal scriptural study or from a well-prepared teacher. And how we appreciate and love you teachers in the kingdom!

So often our single members are able to overcome discomfort, distress, and discouragement by making decisions that are based on gospel teachings.

Yes, each of us is in the business of managing his own life to be happy now and forever. We can do so only by learning and doing our Heavenly Father's will.

Perhaps we would consider a man or woman foolish if he or she did not claim a rich inheritance. Yet how foolish we are if we do not lay claim on the doctrinal endowment that we have been given.

May each of us attend our meetings regularly, study and ponder the words of God and our prophets diligently, and practice constantly what we have learned. These words I leave with you in the name of our King, Redeemer, and Master Teacher, Jesus Christ, amen.

Elder Spencer H. Osborn spoke without further announcement.

Elder Spencer H. Osborn

Prior to this present calling, I served as a counselor to President Marion D. Hanks in the Salt Lake Temple. The spirit encouraged by him for all temple workers was taken from a hand-lettered sign on the wall of a little boys' clubhouse: "Nobody act big; nobody act little; everybody act

medium." I confess that I feel a great deal less than medium as I stand here at this pulpit, this spot hallowed by prophets and other great leaders who have stood here and proclaimed eternal truths.

New yoke of service

I, with others of my Brethren, have received a new calling from the Lord. My specific assignment is to serve with Elder A. Theodore Tuttle and Elder Jacob de Jager in the Presidency of the South America South Area of the Church, with the headquarters in Buenos Aires. This area comprises the great countries of Chile, Argentina, Uruguay, and Paraguay.

I have accepted a new yoke of service; this is something that occurs to thousands of faithful Saints every week the world over—a new yoke of service.

Carve and sand your yoke

Several months ago, Sister Osborn and I were traveling a narrow road in central Luzon in the Philippines, where I was serving as a full-time Regional Representative. We passed a farmer on his way to market. He was trotting along, carrying an enormous load of vegetables and produce hanging from both ends of a wooden yoke carried across his shoulders. I stopped the car to take his picture. After I snapped the camera, he lowered his burden in order to visit. I asked my friend if his load wasn't really too heavy to carry a great distance. He replied, "No, it isn't, because it's balanced."

"Doesn't that yoke hurt?" I asked.

"At first it did, but I carved and sanded it with a rough stone, and now it fits and is comfortable."

I noticed, also, that he had a small cloth pad that spanned his neck—I suppose to cushion the shocks of a rough road.

It wasn't until we drove away that I thought of the Savior's invitation found in Matthew 11:

"Come unto me, all ye that labour and are heavy laden, and I will give you rest.

"Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

"For my yoke is easy, and my burden is light" (Matthew 11:28-30).

Learn of the Lord and be teachable

Traditionally, and properly, we consider this beautiful promise of relief in connection with those without the kingdom—those who have not accepted the saving and exalting ordinances of the gospel of Jesus Christ. Very often we use this invitation for those within the Church who carry the heavy burdens of sadness, distress, sickness, problems, or sin. May I suggest another vast group of faithful Latter-day Saints who receive great comfort from this scripture. They are the workers in the vineyard, those who carry the load of service in the Church.

There are two excerpts from this scripture which seem especially appropriate to this group of men and women. The first is "Take my yoke upon you, and learn of me." Not only are we to accept responsibilities in the service of the Master, but we are to continue our personal studies—the never-ending process of learning of Jesus Christ and pondering His ministry, message, and atonement. It is sad to note that all too often when we assume a demanding Church assignment our scripture studies are placed in suspension for the duration. The second segment that applies to us is "For I am meek and lowly in heart." Meekness is the key to success in the Lord's service. To be meek and lowly doesn't mean to be timid or afraid, but to be submissive to the will of the Lord, to be willing to be led by the Spirit and to be teachable.

Service in the Church

I have found through the years and in a series of Church responsibilities that as long as I balance the load, delegate and shift the burden if it becomes too cumbersome, making sure that family, business, and other interests counterbalance my load of duty, it becomes light. If the yoke chafes or irri-

tates, I whittle or sand it down by learning more about the position and educating myself in the work. Then the yoke becomes comfortable and easy, as the Lord said it would. Of course, the cushion or pad that spans the neck is the knowledge we have of the divinity of this great latter-day work, our testimony of the gospel. That is what really cushions the shocks and jolts as we carry our burdens down the rocky road of life.

My present yoke chafes a bit right now, but I'll keep sanding away until I can communicate better in that beautiful Spanish language. I rejoice in this

yoke. I delight in carrying this burden for as long as my duty requires.

I know that God lives and responds to our petition. I know that Jesus Christ is my Master, our Savior and Redeemer. I pledge to my Heavenly Father and to my Brethren my full devotion to this present yoke of service, in the name of Jesus Christ, amen.

President Benson

We will now be pleased to hear from Elder Philip T. Sonntag, who also was sustained as a member of the First Quorum of the Seventy at the April conference.

Elder Philip T. Sonntag

Testimony

This morning at an early hour, the telephone rang, and after answering the phone, I heard a little voice say, "I love you, Grandpa. Give a good talk." I must confess, brothers and sisters, that I have been restless over this assignment because perhaps my choice of words or my inability to express myself or to emphasize the proper things would not convey the feelings of my heart. I would like to bear my testimony to you that I know that God lives. I know that God lives; I know that Jesus Christ is the Savior and Redeemer of the world, the Son of God, the Prince of Peace; that Joseph Smith saw what he said he saw, heard what he said he heard; and that because of the vision of the Father and the Son, the kingdom of God has been established upon the face of the earth. This is that kingdom, even The Church of Jesus Christ of Latter-day Saints, the only church upon the face of the earth that bears his authority. I know that the Book of Mormon is true and contains a fulness of the gospel of Jesus Christ.

I bear my witness to you that we have a living prophet standing at the

head of this great church. I sustain him with all my heart and soul. I sustain President Romney and President Hinckley and the Twelve and the other Brethren. I am honored to sit in council with them, to be counted among them, and to add my voice as a special witness of the divinity of this great work.

Appreciation for contributions and missionaries

We have had the privilege of being involved in the South Pacific for the past few months. It has been a glorious privilege to labor with President [Robert L.] Simpson and President [Devere] Harris in the presidency of that area, to feel of the faith and the excitement that are taking place in that area of the world.

Let me share an experience with you of the faith and the appreciation of the Saints in the islands of the sea for the contributions you have made in strengthening and building their lives; for your prayers; for your sons and your daughters, and for the great missionary couples who have been sent to their lands to teach the message of the restoration. Tears of thanks and of faith and