After having been set apart to serve in the Second Quorum of the Seventy, I, with my wife and one of our children, visited my father. We asked him to give me a blessing, something which I have received a new priesthood assignment. He laid his hands upon my head and gave me a short but grand blessing. He said, "Son, I bless you that the Holy Spirit may accompany you, your wife, and your children in everything you do." What more could I wish for?

I would also like to thank my sweet companion and my dear children, two of whom are now serving full-time missions, and the third is awaiting his call. Without their love and confidence I could do nothing. I love them dearly, and I trust them completely.

I invite all who are listening, young and old alike, to honor their parents day by day and to try to do those things that bring honor to them.

#### Testimony

I testify with all my heart that God lives, that his Son, Jesus Christ, honored him by keeping his commandments and obeying his will. Our Savior taught us this when he said, "For I came down from heaven, not to do mine own will, but the will of him that sent me" (John 6:38).

I testify that the Savior is our example and model of life. We must strive every day to follow his teachings and do the things that he did, for "the Son can do nothing of himself, but what he seeth the Father do" (John 5:19).

I testify that Joseph Smith was a prophet of God and that through him the fulness of the gospel has been restored to bless the families of the earth. I also testify that Ezra Taft Benson is the prophet of God for our day and that The Church of Jesus Christ of Latter-day Saints is the only true and living Church upon the face of the earth. I testify of these things in the name of Jesus Christ, amen.

# Elder Dallas N. Archibald

## Responsibilities of parents

Recently I had the opportunity to sit at the back of a chapel during a sharing time session of Primary and watch a lively group of youngsters keep a music teacher very busy. For a final song the director asked the children to sing "I Am a Child of God." They quieted down, and for the first song of the entire session the voices unified in quality instead of quantity. The words rang throughout the chapel with an angel-like resonance:

Lead me, guide me, walk beside me, Help me find the way. Teach me all that I must do To live with him someday.

[Hymns, no. 301]

into my heart that day and stirred my soul. What a great burden of responsibility the Lord has placed upon us as parents: to take these children and lead them in the ways of holiness, to guide them through the perils of mortality, and to walk beside them on the straight and narrow path which leads to eternity. Yes, the responsibility is ours to teach them all they must do so that someday, as the mortal is changed to immortal, they will be

prepared to return to the presence of the Father and dwell with him and

their Elder Brother, Jesus Christ.

These pleading words sank deep

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#### Parents in the Book of Mormon

The Book of Mormon clearly shows the value of righteousness and dedication in parents. The first statement of Nephi is a tribute to his parents: "I. Nephi, having been born of goodly parents, therefore I was taught somewhat in all the learning of my father" (1 Nephi 1:1). Enos wrote, "And the words which I had often heard my father speak concerning eternal life, and the joy of the saints, sunk deep into my heart" (Enos 1:3). Mormon recorded of Nephi and Lehi, the two sons of Helaman: "For they remembered the words which their father Helaman spake unto them. And these are the words which he spake" (Helaman 5:5). Here we have a tribute to a goodly parent and also the words which he spoke to his children. He reminded them of the names he had given them so that they would always seek to do good works and desire the precious gift of eternal life (see 5:6-7). Then he told them, "O remember, remember, my sons, the words which king Benjamin spake unto his people; vea, remember that there is no other way nor means whereby man can be saved, only through the atoning blood of Jesus Christ" (5:9).

The reference to the words of King Benjamin shows that Helaman, as a parent, knew the scriptures and taught his children to follow the words of the prophets. He continued, saying, "And now, my sons, remember, remember that it is upon the rook of our Redeemer, who is Christ, the Son of God, that ye must build your foundation" (Helaman 5:12).

What better teaching could a parent provide for a child than that of following the prophets and building a sure foundation upon Jesus Christ? The Book of Mormon prophet Jacob instructed that once they have been taught and "obtained a hope in Christ," we may then teach them how to earn riches so that they can use them "to clothe the naked, and to feed the hungry" (Jacob 2:19). We must teach them all that they must do to live with Him, and the best teacher is example.

#### Teach with kindness and love

As I sat there in the back of the chapel, I silently asked myself, "Am I doing all the things which I must do? Can my wife and daughter walk alongside me with confidence that I will lead them into the celestial kingdom? 'Lead me, guide me, walk beside me. . .' "
Stop. Stop for one minute and ask the same question of yourself: "Can my spouse and children walk alongside me with confidence that I will lead them into the celestial kingdom?" The Savior said, "Seek ye first the kingdom of God" (Matthew 6:33).

The instructions are clear. We must teach, and we must be an example of those teachings. But many times in our zeal to persuade others to rightcousness we begin to use force, which results in rebellion. Attempting to force others to accept our way of thinking will cause them to close their imids to our teachings and ultimately reject our words. They have their agency.

In the Doctrine and Covenants, section 121, the Lord explains the proper way to teach. He said, "Only by persuasion, by long-suffering, by gentleness and meckness, and by love unfeigned; By kindness, and pure knowledge, which shall greatly enlarge the soul" (121:141-42). How I love those words "enlarge the soul," Proper teaching will enlarge the soul."

For example, let us compare a child to an empty glass, and our knowledge and experience, which have accumulated over the years, to a bucketful of water. Logic and physics tell us that we cannot pour a bucketful of water directly into a small glass. However, by our using correct principles of transferring knowledge, the glass can be enlarged. Those principles are persuasion, long-suffering, gentleness and meckness, love unfeigned, kindness, and pure knowledge. They will enlarge the glass, which is the soul of the child, allowing that child to receive much more than the original bucketful.

Behavioral psychologists have written libraries of books on this subject. The Lord gave us the same information in just a few verses of scripture. We must always teach, lead, and guide in a way which will create high levels of self-esteem in our children and others.

### Emphasize the good

To create and maintain self-esteem, our words and our actions must always express to the individual that he or she is important and capable. The words the scriptures use are "to lift." The psychologists would say, "Reinforce the positive." The secret is simple. Always look for the good in the individual and lift; reinforce the positive by words and actions. Put-downs, words like stupid or dummy, or phrases like "Why can't you do anything right?" destroy self-esteem and shouldn't be part of our vocabulary. It is impossible to emphasize the good in others if negative words or phrases are readily available on the tips of our tongues or expressed through our gestures.

The plea behind the words "Walk beside me, Help me find the way" is this: "Lift me. Strengthen my feeble knees. Let me know that 1 am important and capable" (see D&C 81:5).

## How to correct and discipline

When correction and discipline must take place, it is essential to continue lifting and strengthening, ensuring that the feelings of being important and capable are not lost. Again, in section 121 of the Doctrine and Cowenants, the Lord explains how: "Reproving betimes with sharpness, when moved upon by the Holy Ghost; and then show."

ing forth afterwards an increase of love toward him whom thou hast reproved" (121:43).

(121:43).

As Elder Maxwell has observed, the word betimes is casually assumed to mean "from time to time" or "occasionally," when actually it means "early on." Therefore, correction must take place early on with the direction of the Holy Ghost and not in anger. One hundred and thirty-two years ago, in a discourse in this tabernacle, Brigham Youcounseled, "Never chasten beyond the balm you have within you to bind up" (in Journal of Discourses, 91:25). The Lord said, "Showing forth afterwards an increase of lowe" (D&C 121:43).

The instructions on how to correct are clear and simple: early on, with the peace of the Holy Ghost, and with enough of the healing power within us to make sure that self-esteem is never wounded, ensuring always that the individual feels important and capable.

Oh, goodly parent, hear the words and respond accordingly:

Lead me, guide me, walk beside me, Help me find the way. Teach me all that I must do

To live with him someday.

In the holy name of Jesus Christ, amen.

### President Monson

We have just listened to Elders Lino Alvarez and Dallas N. Archibald of the Seventy.

The choir and congregation will now join in singing "We Thank Thee, O God, for a Prophet." Elder Merrill J. Bateman of the Seventy will then address us, and he will be followed by Elder C. Max Caldwell of the Seventy. Both of these Brethren were called since April conference.

The choir and congregration sang "We Thank Thee, O God, for a Prophet."