in advance. This has been the message of all the prophets in this dispensation, including President Hunter, as well as the prophets of old.

Unfortunately we don't always heed the clear warnings of our prophets. We coast complacently along until calamity strikes, and then we panic.

When it starts raining, it is too late to begin building the ark. However, we do need to listen to the Lord's spokesmen. We need to calmly continue to move ahead and prepare for what will surely come. We need not panic or fear, for if we are prepared, spiritually and temporally, we and our families will survive any flood. Our arks will float on a sea of faith if our works have been steadily and surely preparing for the future.

The key is to accept the invitation of our prophet, whom we sustained this morning, "to live with ever more attention to the life and example of the Lord Jesus Christ, especially the love and hope and compassion He displayed" (quoted in Ensign, July 1994, p. 4).

Build a relationship with Christ

The most important thing we can do—young or old—is develop a personal relationship with Jesus Christ. If we do, we will always be comfortable with ourselves. Any questions of self-esteem and self-worth will diminish, and we will have a quiet confidence that will see us through any trial. And the Savior's promise to us is "Fear not, little children, for you are mine, and I have overcome the world" (D&C S0:41).

Whatever the anxiety or fear or frustration, we have only to remember the Lord's comforting words to the Prophet Joseph Smith in the Liberty Jail: "My son, peace be unto thy soul" (D&C 121:7). To each of us, He will always be there to say, "My son, my daughter, my child, peace be unto thy soul."

And in return we should pledge, as did the poet George Herbert:

Sev'n whole dayes, not one in seven, I will praise thee.... Ev'n eternitie is too short To extoll thee. ["Praise (II)," lines 17–18, 27–28]

My brothers and sisters, I bear you my witness that Jesus is the Christ, that He indeed overcame the world through His atonement, and that He will always be there to comfort us if we will follow His example and do the will of the Father. And I do so in the name of Jesus Christ, amen.

Elder James O. Mason

The dawning of a brighter day in Africa

We heard the music and stirring words of "Onward, Christian Soldiers" as we entered the house used as the chapel of the Lagos Nigeria Fourth Branch. The singers—eighteen elders, two sisters, and one missionary couple—were preparing for their zone conference. We were impressed by their bright, eager smiles and faces glowing with entlusiasm. The single missionaries had been called to serve from homes in Ghana, Sierra Leone, and Nigeria. The couple from Canada were on their second mission.

We sang with conviction the opening hymn of the conference:

Go forth with faith to tell the world Of Jesus Christ, the Lord. Bear witness he is God's own Son; Proclaim his wondrous word. Go forth with hope and courage strong

To spread the word abroad

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That people of all nations Are children of our God. . . .

Go forth with pow'r to tell the world The gospel is restored, That all may gain eternal life Thru Jesus Christ, the Lord. ["Go Forth with Faith," *Hymns*, no. 263]

A few days earlier I had presided at a stake conference in Benin City, Nigeria. The stake had been created a year earlier and had grown by over 260 members, mostly families, during that period. The percentage of member families receiving home teaching visits in this large, sprawling city is well within the range of established stakes in developed countries, even though few families in Benin City own cars or telephones. Attendance at sacrament meeting in the new stake is high in spite of ongoing political turmoil and frequent public transportation disruptions. Nearly 50 percent of stake members were present at the Sunday morning session of stake conference; many families walked considerable distances to attend. A well-trained choir sang with joy the hymns of Zion. Comparable levels of participation and dedicated, competent leadership are evident wherever the Church is established in sub-Saharan Africa. Africa is truly seeing the dawning of a brighter day.

Steady growth of the Church in Africa

The first stake on the continent was created in South Africa in 1970. There are now five stakes in that country. The Johannesburg South Africa Temple was dedicated in 1985. Five additional stakes have more recently been organized in Nigeria and Ghana, the first a mere decade after the 1978 revelation on the priesthood. Over fifty districts of the Church are growing in Africa under inspired local leadership. The Church is authorized to do missionary work in twenty-six of the forty-four countries included in the Africa Area.

Growth of the Church in Africa moves forward deliberately and steadily according to inspired design. Altogether there are 80,000 members, 12 missions, 10 stakes, and 425 wards and branches. The number of baptisms during 1993 totaled over 9,000. Even greater numbers of baptisms would be possible if that were the sole measure of success. However, we are anxious that each of our African brothers and sisters be remembered and "nourished by the good word of God" (Moroni 6:4). The Church therefore proceeds in an orderly and planned fashion. Efforts are focused to create centers of strength. The goal is to establish deep pools of leadership that will become the foundation for future Church expansion.

Missionary work is concentrated geographically around existing chapels. Buildings are sited for occupancy by two or more Church units. The missionaries concentrate their efforts on converting families and potential leaders. Major attention is given to training local leadership, which is made easy because members in Africa are eager to be taught and are quick to learn and abide by gospel principles.

Missionary couples needed in Africa

Nearly half of the 960 full-time missionaries serving in Africa are Africans, and the number is growing. Retired couples from the United States and Canada play a significant role. Unselfishly leaving behind home, children, and grandchildren, these devoted couples are ministering angels to grateful, loving people. Finding, testifying, baptizing, and above all else loving are duties eagerly assumed by the missionary couples who truly comprehend what retirement can be. These couples also provide deeply appreciated gifts of literacy, better health. and humanitarian service to members and nonmembers.

Rich and eternal are the rewards as these couples nourish and carry "in their arms, and . . . upon their shoulders" the truth-seeking people they are called to bless (see 1 Nephi 21:22). Sacrifice may be required-discipleship is not always easy-but life is never the same for a couple who have tasted the sweetness and joy of missionary service. Otherwise, why do so many return for second and even third missions? More couples are urgently needed in Africa and elsewhere. My brothers and sisters who are retired or approaching retirement, please prayerfully consider the rich blessings that flow from missionary service. If you should "bring, save it be one soul unto me, how great shall be your joy . . . in the kingdom of my Father" (D&C 18:15).

The truth of God goes forth

When the Church was still in its infancy, the Prophet Joseph Smith stated: "Our missionaries are going forth to different nations; ... the Standard of Truth has been erected; no unhallowed hand can stop the work from progressing... but the truth of God will go forth boldly, nobly, and independent, till it has penettated every continent, visited every clime, swept every country, and sounded in every ear, till the purposes of God shall be accomplished, and the Great Jehovah shall say the work is done" (*History of the Church*, 4:540).

Yes, in spite of challenges, the work of the Lord moves forward steadily in Africa. I am humbly grateful for my calling as a Seventy, and I rejoice in this opportunity to serve. I love the people of Africa. I am thankful for the sweet companionship of my wire and for the faithful prayers of my children and their families.

Brothers and sisters, I know that my Redeemer lives and is the Savior of the world, that this is the only true and living church upon the earth, and that President Howard W. Honter is a prophet of God. And to this I bear solemn witness in the name of Jesus Christ, amen.

President Hinckley

We have heard from Elders W. Don Ladd, who grew up in the Deep South, and James O. Mason, who grew up in Salt Lake City and has had a distinguished medical career, including service as surgeon general of the United States.

Elder Jeffrey R. Holland, who was called as a member of the Council of the Twelve Apostles in June, will now speak to us.

Elder Jeffrey R. Holland

A special witness of Jesus Christ

My beloved brothers and sisters, this is my first opportunity to stand before you since the events of June 23 altered the course of my life and of my service forever. That was exactly one hundred days ago, and every one of those days I have prayed to be worthy of and equal to this sacred responsibility. Perhaps you can understand the immense personal inadequaey I feel and the deep. often painful examination of my soul I have experienced.

Obviously my greatest thrill and the most joyful of all realizations is that 1 have the opportunity, as Nephi phrased it, to "talk of Christ, ... rejeciee in Christ, ... preach of Christ, [and] prophesy of Christ" (2 Nephi 25:26) wherever I may be and with whomever I may find myself until the last breath of my life is gone. Surely there could be no higher purpose or greater orvileze than that of "special