testimonies of Jesus Christ and the effect of the Atonement in our lives, we will be unable to answer Alma's question in the affirmative.

Satan wants us to fail to reach that mountaintop that will allow us to develop a testimony so powerful that he will be unable to influence us. His work is to thwart our efforts, but the Lord has counseled us, "Fear not, little flock; do good; let earth and hell combine against you, for if ye are built upon my rock, they cannot prevail" (D&C 6:34).

We have every confidence that earth and hell will not overtake you, but it will require that you move from your current plateaus and climb to higher ground.

Help children know and love the Savior

May I close with the powerful words of our beloved prophet, Gordon B. Hinckley, and I quote:

"Go forward with your lives. The best lies ahead... Bring into the lives of our young people something more of spirituality... Cultivate in the heart of every boy [and girl] a sense of [their] relationship to the Lord as [they become] acquainted with the Savior of the world by knowing some elements of the atonement of the Redeemer through which eternal life is made possible for each of us" (in *Church News*, 2 Sept. 1995, p. 2).

God bless you, parents. We love you. We know it is not easy to do what you are doing. We know that every new day brings challenges and trials that often seem insurmountable. May you find through increased faith and reliance upon the Lord renewed strength, vigor, and resilience in teaching and blessing the lives of those in your parental stewardship. May you find in the counsel given us by President Howard W. Hunter, President Gordon B. Hinckley, and all who have stood to bear unfailing testimony of Jesus Christ that only through love and devotion to the teachings of Him of whom we testify, and through the blessings of His atonement in our behalf, may we teach with the power to bless and save our families in the kingdom of God. Of this I testify in the holy name of Jesus Christ, amen.

Sister Janette Hales Beckham

At one time a mother said, "I wish they would just lock all the youth in the temple until they turn twenty-one." A father said, "I feel totally powerless in my own home. We are out of control." What force or power could soften the human cry for greater security, orderliness, control, even peace?

Power to calm outside fears

My first memories of a need for power came when my family moved the year I began third grade. I started figuring out more about friends and other people's families. As my new friends talked to kids in the extended neighborhood, we sized up assets and numberswho had shade trees you could sit in or chicken coops you could climb on. Besides whose dad was the strongest, I noticed many of the kids were older than I. Luckily I had two big sisters with lots of friends. In fact I once said I could call out the whole high school if needed. I felt I had the needed personal power for safety and self-preservation.

My eight-year-old world was enlarging. So was the need for the skills that help one cope in this civilized world. I started appreciating the safety one gets from size, numbers, resources. Our use

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of what I call personal or political power begins early. Most children learn about size first. "If you don't stop that, I'll call Mom." "When Dad comes home, you'll be in big trouble." Resources can supplement our need for size. A toy becomes a stick. What begins as a snowman becomes a fortress. The world was at war in those days, but I was a third-grader. The physical danger I feared was the boy with a wooden gun that shot rubber rings taken from fruit jars. His target was girls' legs. Friends told me you could give the boy bottle rings and he wouldn't hit you, but adding to his arsenal seemed like a traitorous thing to do, and I doubted you could trust a commitment from a bully. I think a teacher eventually took his gun. In my world I appreciated people who had power, like teachers and parents, especially if they had fair rules.

Inner power of goodness and love

That same year the community seemed to rejoice with our family when my mother gave birth to her only son after four daughters. My dad was an only son, and now he had someone to carry on his name. Within months it was obvious that Tommy was severely handicapped. A force that was just the opposite of my outside world started to be felt inside. There seemed to develop a new dimension of love, tenderness, compassion. I watched my mother and dad make adjustments in lifestyle to lovingly care for a child who in his five and one-half years never learned to sit or speak but who warmed an entire room with his smile. The whole town seemed more gentle, interested, concerned. My outside fears were diminished. I felt securely attached because my mother and brother were there. My parents were home at night. Our home seemed more warm, full, There was a different power. It seemed to grow from the inside. It felt more permanent, unlike the temporary power I felt with my friends. It was calm and peaceful-the power of goodness, the power of love.

A family learns the power of love

There is a power in goodness that is often learned in families. There is a void when it is lacking. I know one family that left what they described as "the good life" in a desire to do good. They agreed on a noble purpose that would take them to the Philippines for a year. The mother of this family reported, "We were flabbergasted it was so hard." Without the normal routine and conveniences of home, she said, "we were just the same old ornery people." Then they set a new routine-exercise at 5:30 A.M., 6:30 scripture study, then breakfast and school. Each afternoon they visited orphanages to play with the children.

Gradually the family started to notice a change-new levels of patience, gratitude, and respect. They started to talk to each other-to really talk and to really listen. The mother stated, "I will never forget the learning that took place for me and my family the day they brought a five-month-old baby into the orphanage whose tongue had been cut and an eye poked out." When they learned the mother, a beggar, had injured her own child, it gave a new dimension to the social studies lesson they had discussed at home. A new level of compassion started to develop-greater reverence for the sanctity of life. This family put their "trust in that Spirit which leadeth to do good" (D&C 11:12), and gradually they started to experience the power to become changed.

The powers of heaven and of priesthood

The powers of heaven are available to everyone through righteousness. Mormon teaches that "every thing which inviteth to do good, and to persuade to believe in Christ, is sent forth by the *power* and gift of Christ" (Moroni 7:16; italies added). Revelation concerning power was given to Joseph Smith when political power had turned against him and he was a prisoner in Liberty Jail. His first plea to the Lord was for help to avenge his enemies. His prayer: "Let thine anger be kinded against our enemies" (D&C 121:5). Our Father in Heaven responded with a greater blessing: "My son, peace be unto thy soul" (v. 7). Then He made a promise if Joseph would endure and be faithful: "God shall exalt thee on high; thou shalt triumph over all thy focs" (v. 8).

It was in this prison setting that God taught Joseph Smith about priesthood power. "No power or influence can or ought to be maintained by virtue of the priesthood, only by persuasion, by longsuffering, by gentleness and meckness, and by love unfeigned" (D&C 121:41). Priesthood power is used to minister, to preach, to teach, to bapite, to ordain, to heal, to seal, to restore, to ordes, to or prophesy, to testify, to do good.

Political power, on the other hand, can be used as a force for good, or it may be a force for evil. It is always temporary. We all have political power. We each need it. We should use it for good. Without proper exercise of this power, we might lose our freedom. Churches might cease to exist. Of course we need rules. We need laws, but we must remember that the scriptures tell us "the powers of heaven cannot be controlled nor handled only upon the principles of rightcousness" (D&C 121:36).

The power of a mother's goodness

A faithful member shared her testimony of how the *power* of goodness influenced her life. She writes:

"Until I was about eight years old, I was oblivious to the fact that my mother had scrious health problems—later diagnosed as multiple sclerosis. When I was a first-year Bechive, I awoke one May morning to find that my mother was paralyzed from the neck down. She was already blind."

Confined to her bed, this courageous woman became the hub of the household. Her daughter wrote:

"One day it fell upon me to clean the oven, a chore I approached with selfpity and much complaining. I went into her bedroom to whine a little and realized that Mom was crying. She said, "Do you know how much I would give to be able to get up and scrub that oven?" I gained a different perspective on the nature of work. To this day I think of that experience every time the oven needs cleaning."

She continues: "An unusual blessing came to me in having my mother available. She listened patiently to my earlyadolescent concerns and questions. She made me feel like the most important and interesting person in the world. She was always HOME—attentive, interested, and always available."

Her mother died the spring of her senior year. She relates:

"One of the hardest moments in my young life was the day I returned home from school to an empty house and walked down that long hallway to her bedroom. My built-in counselor and confidante was no longer there, but she had given me those eternal, intangible gifts of love, wisdom, and acceptance. I will be forever grateful for her goodnes."

This strong woman, though physically helpless, had the *power* to love, to motivate, to inspire, to perpetuate righteousness, to do good.

Seek the power of righteousness

My plea for each of us is to recognize that God has given each of us power the power to act, to choose, to serve, to love, and to accomplish *much* good. Perhaps it is time to take control of ourselves. Our prophet, Gordon B. Hinckley, has said. "Be faithful. ... Do good." He has told us: "We have nothing to fear. God is at the helm... He will shower down blessings upon those who walk in obedience to His commandments" (in Conference Report, Apr. 1995, p. 95; or *Ensign*, May 1995, p. 71). It is my prayer that we will seek the power of righteousness in our lives by following the counsel of the living prophet and by living the teachings of our Savior, Jesus Christ, in His name, amen.

President Hinckley

Elder Jack H Goaslind of the Presidency of the Seventy has spoken to us, followed by Sister Janette Hales Beckham, general president of the Young Women.

The choir and congregation will now join in singing "Do What Is Right," following which we shall hear from Elder W. Craig Zwick and then Elder Bruce D. Porter, who were sustained as new members of the Seventy during our April conference.

The chorus and congregation sang "Do What Is Right."

Elder W. Craig Zwick

Encircled in the Savior's love

My heart trembles with deep humility as I occupy this sacred spot for the first time. I know with full assurance that President Hinckley's voice and thoughts represent the Savior's desires for each of us.

On a beautiful summer morning our family attended the Special Olympics to watch our son Scott participate. The Special Olympics are held each year to allow people with disabilities to enjoy friendly competition. We observed that as the runners were taking their positions for the fifty-yard dash, they were being encouraged by special friends affectionately known as huggers. Seconds before the start of the race, these huggers took their places at the finish line of the race. It didn't matter who crossed the finish line first. What did matter was that every runner completed the race and that every runner received a congratulatory hug. Both the courageous runners and the caring huggers taught important principles of truth.

The Lord spoke in plainness, "Be faithful and diligent in keeping the commandments of God, and I will encircle thee in the arms of my love" (D&C 6:20). We all want to feel the comfort of the Savior's embrace.

Reach out to those with disabilities

During His ministry the Savior, with great compassion, saw beyond the imperfections of body and mind and looked upon the heart. Our discipleship includes the sacred responsibility to follow His example of reaching out and loving those with disabilities. Valiant disciples seek meaningful ways to stretch their souls in service and love to others.

Elder Richard G. Scott's counsel is precise: "You become an instrument through which the Lord can bless another. The Spirit will let you feel the Savior's concern and interest, then the warmth and strength of His love" (in Conference Report, Apr. 1994, p. 9; or Ensign, May 1994, p. 9.

Our task, facilitated by prayer, is to recognize even the slight limitations of each person who may be suffering pain or discouragement. It may be a minor learning disability, dyslexia, or a slight