ing that you and I would all sin and become unclean, provided a cleansing process from sin that—unlike tomato juice, milk, and lye soap—actually does work.

He sent a Savior, His Only Begotten Son, Jesus Christ, to atone for our sins (see Alma 22:14).

In the Garden of Gethsemane, as the Savior demonstrated perfect obedience, His anguish caused Him, "even God, the greatest of all, to tremble because of pain, and to bleed at every pore, and to suffer both body and spirit" (D&C 19:18). Then He allowed Himself to be "lifted up upon the cross and slain for the sins of the world" (1 Nephi 11:33).

"He suffered the pain of all men, that all men might repent and come unto him. . . . And how great is his joy in the soul that repenteth!" (D&C 18:11, 13).

The Savior has indicated how to know "if a man repenteth of his sins—behold, he will confess them and forsake them" (D&C 58:43). Then comes the miraculous promise: "Though your sins be as scarlet, they shall be as white as snow" (Isaiah 1:18).

If the Spirit is pricking your heart to correct something in your life, know this: your soul is precious. Heavenly Father wants you to be part of His eternal family.

I lovingly plead, "Do not procrastinate the day of your repentance" (Alma 34:33). Start the process now. Remove the stench of sin with the remedy of repentance. Then, through the Atonement, the Savior can wash you clean. I so testify in the name of Jesus Christ, amen.

### **President Faust**

The choir and congregation will now sing "We Thank Thee, O God, for a Prophet." At the conclusion of the singing, Elder D. Rex Gerratt and Elder F. Burton Howard of the Seventy will address us. We will then be pleased to hear from Elder Dallin H. Oaks of the Quorum of the Twelve Apostles.

The choir and congregation sang "We Thank Thee, O God, for a Prophet."

# Elder D. Rex Gerratt

#### Follow the instructions

Some years ago while I was serving as a ward clerk, the ward supplies for the new year arrived on my doorstep. Among the numerous boxes, one box addressed to the ward clerk caught my attention. Taped to the box was a tag with bold type: "If all else fails—Please! Follow instructions."

I did not consider this generic, and I was sure that someone at Church head-quarters knew me personally.

Although humorous at the time, the image of this little tag has permanently attached its message to my mind: "If all else fails—Please! Follow instructions."

Every person experiences many challenges in this mortal life. Each has per-

sonal agency to make choices that affect his or her progress. Good choices bring promised blessings, and bad choices always bring undesired consequences.

Life is uncertain. Our time is short. It is precious. This is the time "to prepare to meet God" (Alma 34:32). There is not time to waste in personal experimentation or involvement with those things that have been proven harmful to our bodies and our souls.

None of us are perfect, and we all need help. But we are not left alone if we are teachable, with hearts to feel and ears to hear.

"Trust in the Lord with all thine heart; and lean not unto thine own understanding. Sunday, April 6, 2003 Afternoon Session

"In all thy ways acknowledge him, and he shall direct thy paths" (Proverbs 3:5–6).

#### How to receive instructions from the Lord

How do we receive instruction? First, we must have a sincere desire.

Second, we must have faith—to believe the Lord knows us, that He loves us, and that He will give us answers to our prayers.

As Joseph Smith was reading the Bible, he read in James 1:5:

"If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.

"But let him ask in faith, nothing wavering."

Joseph followed instructions and received an answer to his prayer. We will also receive answers to our prayers.

During my lifetime I have been a farmer and a father of a large family. Even though personal and family prayer have always been a daily part of our lives, on occasion I have felt an overwhelming need to go into the field at night or kneel by the haystack, look up into the heavens, and speak aloud to my Father in Heaven. I have always felt His warmth and knew then, as I know now, that He is listening to me and will answer my prayers in His wisdom for my best good.

To all, wherever you are—to you who need hope, to you who need comfort, to you who are unhappy, to you who need direction and need to feel a purpose in your lives—my dear friends, I encourage you, I urge you to bow your head or drop to your knees! In your own words, thank your Heavenly Father for His Son's atoning sacrifice for you and for all the blessings He has given you. Tears will moisten your eyes, and the warmth of the Spirit will come into your heart.

Then talk to the Lord, asking for comfort, direction, and understanding. As you

open your mind and heart to feel the Spirit, the Lord in His own time and in His own way will give you the instructions which will bless your life.

### Instructions in the scriptures

The scriptures also contain instructions of ancient and modern prophets. "All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness" (2 Timothy 3:16).

In this dispensation the Lord has given us the comforting counsel to "be not afraid of your enemies, for I have decreed in my heart... that I will prove you in all things, whether you will abide in my covenant, even unto death, that you may be found worthy" (D&C 98:14).

Following instructions requires hard work, commitment, and enduring to the end.

"Wherefore, ye must press forward with a steadfastness in Christ, having a perfect brightness of hope, and a love of God and of all men. Wherefore, if ye shall press forward, feasting upon the word of Christ, and endure to the end, behold, thus saith the Father: Ye shall have eternal life" (2 Nephi 31:20).

"And again I say unto you, if ye observe to do whatsoever I command you, I, the Lord, will turn away all wrath and indignation from you, and the gates of hell shall not prevail against you" (D&C 98:22).

"If ye are prepared ye shall not fear" (D&C 38:30).

### Instructions from the living prophet

As in times past, we receive instructions from the Lord's living prophet. I testify to you that I know President Gordon B. Hinckley is the Lord's prophet today. He gives to us inspired counsel for our time.

In the October 2001 general conference he said:

"Now, today, we are faced with particular problems, serious and consuming and difficult and of great concern to us. Surely we have need for the Lord....

"Our safety lies in the virtue of our lives. Our strength lies in our righteousness. God has made it clear that if we will not forsake Him, He will not forsake us" (in Conference Report, Oct. 2001, 112; or *Ensign*, Nov. 2001, 90).

#### Hearken to the counsel

After receiving instructions, we need to be obedient and hearken to the counsel we receive. We need to listen to and follow our appointed leaders.

On one occasion the Savior looked upon the multitude as sheep having no shepherd (see Matthew 9:36). Every member in this Church has shepherds. We call

them quorum leaders, bishops, and stake presidents.

The Lord admonishes us to search the scriptures and to follow the commandments.

He has promised that all His words shall be fulfilled, "whether by mine own voice or by the voice of my servants, it is the same" (D&C 1:38).

The Lord declared that "whatsoever they shall speak when moved upon by the Holy Ghost shall be scripture, shall be the will of the Lord, shall be the mind of the Lord, shall be the word of the Lord, shall be the voice of the Lord, and the power of God unto salvation" (D&C 68:4).

"If all else fails—Please! Follow instructions."

May we do this, I pray, in the name of Jesus Christ, amen.

## Elder F. Burton Howard

### **Eternal marriage**

A number of years ago my wife and I went to a garden wedding reception. Earlier that day we had been to the temple, where two young people we knew had been married for time and all eternity. They were much in love. The circumstances of their meeting had been almost miraculous. Many tears of happiness were shed. We stood in the reception line at the end of a perfect day. Ahead of us was a close friend of the family. As he approached the couple, he stopped and in a beautiful, clear tenor voice sang to them the stirring words from the book of Ruth:

"Whither thou goest, I will go; and where thou lodgest, I will lodge: thy people shall be my people, and thy God my God: Where thou diest, will I die" (Ruth 1:16–17).

We were deeply touched and felt reassured about their prospects for happiness—this in part, I suppose, because my wife and I have had these same words on the wall of our home for many years.

Sadly, the significance of these beautiful words is subsiding. Far too many marriages today end in divorce. Selfishness, sin, and personal convenience often prevail over covenants and commitment.

## The culminating element of God's plan

Eternal marriage is a principle which was established before the foundation of the world and was instituted on this earth before death came into it. Adam and Eve were given to each other by God in the Garden of Eden before the Fall. The scripture says:

"In the day that God created man, in the likeness of God made he him;

"Male and female created he them; and *blessed* them" (Genesis 5:1–2; italics added).